## The Evolution of Climbing Equipment Standards

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Geospiza magnirostris.
Geospiza parvula.

2. Geospiza fortis.

4. Certhidea olivasea.

finch images from Charles Darwin's Voyage of the Beagle



### are standards for the birds?





- climbers
- equipment manufacturers
- gym owners & operators
- safety folks
- regulation folks
- me





#### a history of climbing equipment standards

#### the physics behind climbing standards



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#### a peek at where gym climbing standards might go



# causes of equipment &/or standards evolution

- accidents
- marketing
- demographics
- climbing developments
- developments in related sports
- research
- assorted climbing organizations
- government regulation



### deep history

- not many climbers
- not much standardization
- no money to be made
- it was a stupid sport anyhow

## very similar to the aid climbing scene today.



more climbers, accidents, & \$\$\$, lead to more attention to standards

- mid 60s, rope testing
- early 70s, UIAA safety commission
- 70s and 80s, research & standards
- 90s CEN, ASTM, etc.

research and standards effectively reduce "equipment failure" to zero.





with research, inadequate equipment becomes extinct quickly.



busted gear images from DAV Sicherheitskreis Taetigkeitsbericht 1980-1983

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time, s



### standards organizations



UIAA CEN PPE directive (CE) ASTM/ANSI/ISO CWA (REI)

CLIMBING WALL ASSOCIATON



### equipment standards (individual components of the safety system)

Title of the UIAA standard	Full text	Pictorial	Reference
			to
Dynamic Ropes	🗓 <u>125 kb</u>	🖾 <u>288 kb</u>	EN-892
Accessory Cord	🖾 <u>122 kb</u>	🕅 <u>123 kb</u>	EN-564
Таре	🖾 <u>122 kb</u>	🖾 <u>140 kb</u>	EN-565
Slings	🕅 <u>123 kb</u>	🕅 <u>118 kb</u>	EN-566
Harnesses	🖾 <u>123 kb</u>	🖾 <u>182 kb</u>	EN-12277
Helmets	🕅 <u>123 kb</u>	🕅 <u>154 kb</u>	EN-12492
Low Stretch Ropes	🖾 <u>125 kb</u>	n.a.	EN-1891
Sharp Edge Resistant Dynamic	🕼 <u>549 kb</u>	🕅 <u>101 kb</u>	UIAA-101
Ropes important note			
Connectors (Karabiners)	🔁 <u>187 kb</u>	🔁 <u>329 kb</u>	EN-12275
Pitons	🔁 <u>128 kb</u>	🔁 <u>177 kb</u>	EN-569
Rock Anchors	🔁 in	🖪 <u>194 kb</u>	EN-959
	revision		
Chocks	122 kb	🖾 <u>255 kb</u>	EN-12270
Frictional Anchors such as Friends	🖾 <u>122 kb</u>	1 201 kb	EN-12276
and Sliders			
Rope Clamps, Ascenders	🔀 <u>135 kb</u>	🔀 <u>152 kb</u>	EN-567
Pulleys	🔁 <u>123 kb</u>	🔁 <u>154 kb</u>	EN-12278
Energy Absorbing Systems for Use	🖾 <u>149 kb</u>	🕅 <u>344 kb</u>	EN-958
on Vie Ferrate			
Ice Anchors	🖾 <u>183 kb</u>	🖾 <u>132 kb</u>	EN-568
Ice Tools (Axes and Hammers)	145 kb	🗓 <u>259 kb</u>	EN-13089
Crampons	🖾 <u>122 kb</u>	🖾 <u>182 kb</u>	EN-893
Snow Anchors (Dead Man)	🕅 <u>213 kb</u>	🕅 <u>143 kb</u>	-
	Title of the UIAA standard Dynamic Ropes Accessory Cord Tape Slings Harnesses Helmets Low Stretch Ropes Sharp Edge Resistant Dynamic Ropes important note Connectors (Karabiners) Pitons Rock Anchors Chocks Frictional Anchors such as Friends and Sliders Rope Clamps, Ascenders Pulleys Energy Absorbing Systems for Use on Vie Ferrate Ice Anchors Ice Tools (Axes and Hammers) Crampons Snow Anchors (Dead Man)	Title of the UIAA standard   Full text     Dynamic Ropes   12 125 kb     Accessory Cord   12 122 kb     Tape   122 kb     Slings   12 128 kb     Harnesses   12 123 kb     Helmets   12 128 kb     Low Stretch Ropes   12 125 kb     Sharp Edge Resistant Dynamic   549 kb     Ropes important note   187 kb     Pitons   11 128 kb     Rock Anchors   12 128 kb     Frictional Anchors such as Friends and Sliders   11 128 kb     Pulleys   12 128 kb     Energy Absorbing Systems for Use on Vie Ferrate   11 149 kb     Ice Anchors   11 183 kb     Ice Tools (Axes and Hammers)   11 145 kb     Snow Anchors (Dead Man)   12 21 3 kb	Title of the UIAA standardFull textPictorialDynamic Ropes12 125 kb12 288 kbAccessory Cord12 122 kb12 123 kbTape12 122 kb12 140 kbSlings12 123 kb11 18 kbHarnesses12 123 kb11 18 kbHarnesses12 123 kb11 18 kbHelmets12 123 kb11 18 kbLow Stretch Ropes12 125 kb11 154 kbLow Stretch Ropes12 125 kb11 10 kbRopes important note13 187 kb13 329 kbPitons12 128 kb11 177 kbRock Anchors11 12 kb12 125 kbFrictional Anchors such as Friends and Sliders13 122 kb12 255 kbPulleys13 135 kb13 152 kbPulleys13 135 kb13 152 kbCools (Axes and Hammers)14 149 kb13 324 kbIce Anchors11 122 kb13 132 kbIce Tools (Axes and Hammers)11 122 kb11 132 kbSnow Anchors (Dead Man)12 213 kb11 132 kb

New Standards for Abseiling Devices (UIAA-129) and Belaying Devices (UIAA-130) are currently in preparation.



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UIAA Safety Committee Minutes, June 2003 Meeting, Canmore Canada



systems theory makes pin the blame on the victim more difficult





Figure 6.1: General Form of a Model of Socio-Technical Control

from A New Approach To System Safety Engineering, Nancy G. Leveson, http://sunnyday.mit.edu/book2.html

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where g is the acceleration due to gravity. The rope is again assumed to be elastic. Hence equation (2) is used in equation (18) to yield

 $\frac{\mathrm{d}^2 \mathbf{x}}{\mathrm{d}t^2} + \frac{\mathrm{kgx}}{\mathrm{WL}} - g = 0 \tag{19}$ 

(18)

whose solution is

$$\mathbf{x} = \left(\mathbf{a}_0 - \frac{\mathrm{WL}}{\mathrm{k}}\right) \cos\left(t \sqrt{\frac{\mathrm{kg}}{\mathrm{WL}}}\right) + \frac{\mathbf{a}_1}{\sqrt{\frac{\mathrm{kg}}{\mathrm{WL}}}} \sin\left(t \sqrt{\frac{\mathrm{kg}}{\mathrm{WL}}}\right) + \frac{\mathrm{WL}}{\mathrm{k}} \quad (20)$$

in which  $a_0$  and  $a_1$  are constants of integration. When t = 0, then x = 0 and therefore  $a_0 = 0$ . Likewise when t = 0,  $\frac{dx}{dt} = \sqrt{2gH}$  and  $a_1 = \sqrt{2gH}$ . Equation (20) reduces to

 $x = \sqrt{\frac{2WHL}{k}} \sin\left(t \sqrt{\frac{kg}{WL}}\right) - \frac{WL}{k} \cos\left(t \sqrt{\frac{kg}{WL}}\right) + \frac{WL}{k}$ (21) The tension follows from inserting equation (21) into equation (2)

$$P = \sqrt{\frac{2WHk}{L}} \sin\left(t\sqrt{\frac{kg}{WL}}\right) - W \cos\left(t\sqrt{\frac{kg}{WL}}\right) + W \quad (22)$$

Another form of the equation is

$$P = W + W \sqrt{1 + \frac{2kH}{WL}} \sin \left[ t \sqrt{\frac{kg}{WL}} - \arcsin \frac{1}{\sqrt{1 + \frac{2kH}{WL}}} \right]$$
(23)

Equations (22) and (23) show how the tension in the rope varies with time as a result of an impact load due to a free fall of a weight onto the rope. The practical significance of these equations may readily be understood by considering an actual fall. Let a man weighing 150 pounds fall 20 feet on a 10-foot length of rope. The H/L ratio is 2. Using equation (23), it is possible to compute what the tension in the rope will be at any instant after the rope has begun to stretch. If these values of tension and time are plotted, the



image from American Alpine Club Journal, 1950

### physics basis for standards

climbers can tolerate ~10 G deceleration (18 G permitted on US Navy pilots during parachute deployment)

the Earth's gravitational field is  $1 \text{ G} (9.8 \text{ m/s}^2)$ 

safe fall arrest distance lies between 1/10 of fall distance (physics) and 1/5 fall distance (UIAA/CE dynamic rope standard)

$$mgh + mgy = \frac{1}{2}ky^{2}$$
$$T = mg\left(1 + \sqrt{1 + 2\frac{MF}{mg}}\right)$$

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### where the energy goes during fall arrest



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# theory, experiment, and standards match well



data from Helmut Maegdefrau's PhD thesis

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CWA Summit, Climbing Standards Evolution 95% of falls put less than 7 kN on the top anchor (minimum permitted open gate carabiner strength).

20 kN forces on anchors require inappropriate use or a very, very bad karma (20 kN is the minimum closed gate carabiner strength).



### equipment still fails





SafCom 2004 meeting item 33: Unusual accidents concerning metal parts

Broken biner, indoor climbing wall, the Netherlands 48 kilo climber, just above 7<sup>th</sup> runner (see picture below-right for fall position), circa 12 meters of rope, Grigri-belog device, beloger took in slack rope during fall Singing Rock K538 light bent gate (made by Aludesign), gate-open 7 kN Karabiner hang upside-down in sling (gate opening up; like this =>) Considerable deformation, gate and nose no visible damage Conclusion: diagonal loading in combination with gate-open







Carabiner failure images from 2005 **UIAA SafeCom meeting minutes** 



### ice ax standards

current ice ax standards are based on the demands of mountaineering

B and T blades? shaft strength?

the remedy will be slow, probably by intended use.

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### **CE or not CE?**

We think that Monster should not be considered an ice axe for the following reasons:

 No adze to cut steps
No hammer to pound pitons
No spike at the end of the shaft to drive the tool into the snow or in the ice in the "cane" position

4) The pick is not designed for cutting steps 5) The flat shaft cannot be used as a belay anchor in the snow (T-slot or picket) because its shape easily slices through the snow when loaded along its narrowest cross section.

The intent of the Monster is to answer the demand of climbers that had finally seen the folly of bending and breaking high performance ice climbing tools on difficult mixed routes where dry-tooling terrain comprised a significant component of the route. Think of it as a hook for aid climbing: a piece that allows upward progression but is not expected to arrest a fall.

Because the Monster is a tool designed for upward progression, and not intended to become part of the safety chain it need not to be submitted to the traditional CE test as an ice axe because it was not designed as such, but our competitors criticised the tool for lacking CE certification.

The real question is whether or not a more modern standard (supported by appropriate tests) should be developed to address the radical developments in ice and dry tools. Grivel believes this necessary and good for the customer and in consequence our engagement was to cooperate with the official body that gives the CE certification, the German TUV, to develop the rules, and we are proud to announce that in December 14th 2004 Monster received CE certification as Personal Protective Equipment according to Norm 89/686EEC (PPE).

The user is assured that Monster is strong enough to use (not to over use or miss use) in any situation.



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CWA Summit, Climbing Standards Evolution image from Grivel web site.



### via ferrata





### via ferrata standards

Aunex 10









Annex 11: Possible Via Ferratta Construction Spec. UIAA Safety Committee Meeting, June 2003, Canmore, Canada

Annex 10: Proposed Edge Configuration, Bending & Minor Axis UIAA Safety Committee Meeting, June 2003, Canmore, Canada CWA Summit, Climbing Standards Evolution

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Aunex 11



### lessons from standards history

Standards evolve.

Standards are based on research & "physics".

- Standards prevent equipment failure accidents.
- The evolution is slower than the evolution of the sport.

Expect:

Standards development to follow new climbing developments. Increased standardization of safety systems. Increased standardization of best practices for safety systems.



# wild prediction: belaying will become a sport



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## questions?



### best practice examples



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